Dear Friends,

Breathe deep. Take a breath. Do it again. You are loved, you are worthy, you are important. Breathe deep. Things aren't alright. The world is hurting. We are making a mess of things. Breathe deep. God is on our side. There are good people out there fighting for us. We will get through this. Breathe deep. The Spirit of God is the Breath of God. The Breath of God is our breath. Our breath is life. We live another day. We live to care for one another. We live so that God's kingdom come, God's will be done, on earth as it is in heaven.

May everything I do today, be done in love.

May everything I get today, be received in love and gratitude. May I be in love today, with God and all creation.

Open my eyes, that I may see...

the image of you in each person I meet,

the wounds behind the fear, anger, and hate,

the strengths behind the weaknesses.

Open my eyes, that I may see...

the beauty of your creation in each rock, leaf, and animal,

the connection between everything that has breath,

the relationship between taking care of your planet and ourselves.

Open my eyes, that I may see...

you in every act of kindness and mercy,

you in every flight of every bird,

you in each season of the planet and of life.

Open my eyes, O Lord, that I might not miss the miraculous in small events, the wonders of the universe, and the dance of creation that you sang into existence.

Peace Pastor Enno